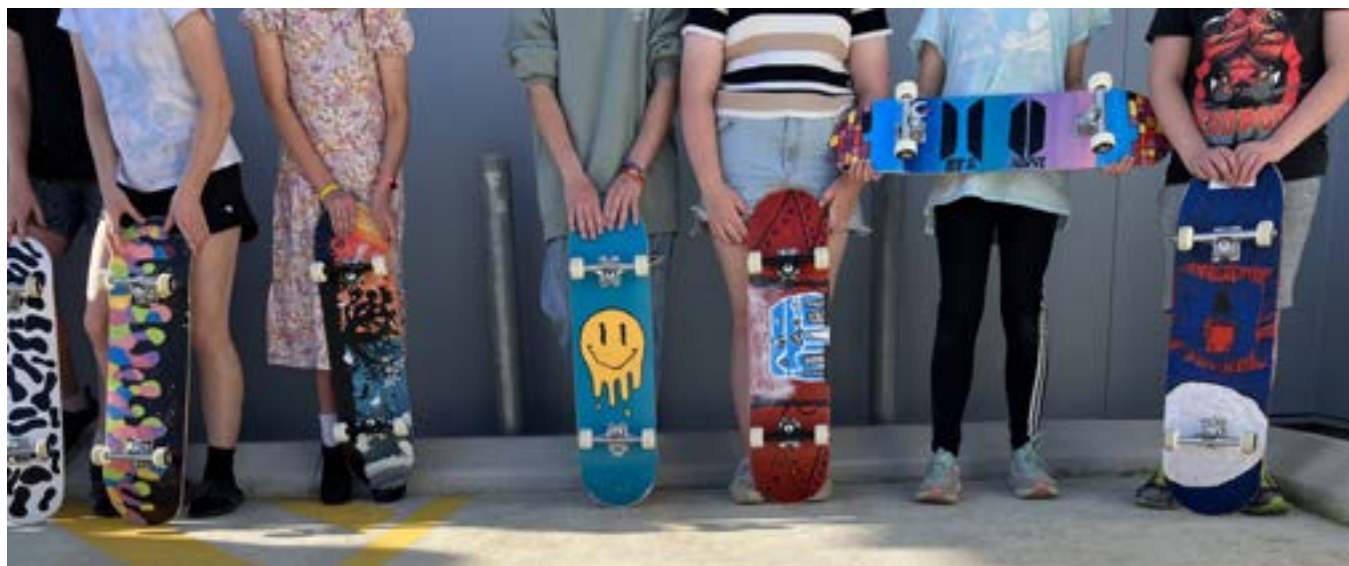


Sk8 to Cr8

Funded by the Alcohol and Drug Foundation



The Young Kings Mentoring Program, conducted by LDAT (Local Drug Action Team) aimed to enhance the confidence and knowledge of six volunteers engaging with young people as mentors, focusing on the harms associated with alcohol and other drugs (AODs).

The program saw strong participation, with 100% of volunteers attending two training sessions, although one withdrew due to health concerns. Impact measure 1 revealed that 83% of mentors reported increased knowledge of AOD harms, while 50% reported improved confidence in mentoring young people.

For the 36 mentees aged 11-17, engagement was positive across three six-week rotations, with 32% experiencing improved community connections and 25% gaining enhanced knowledge of AOD harms.

Anecdotal feedback highlighted personal growth among participants, including increased confidence and improved coping mechanisms. Despite challenges in resource allocation and recruitment during colder months, the program's success was attributed to participatory design, mentorship quality, and flexibility.

Recommendations for future iterations emphasized age-appropriate activities and strategic recruitment timing. Overall, the program demonstrated tangible benefits, with 100% of volunteers recommending it to others and positive anecdotal feedback reflecting its effectiveness.

The report underscores the importance of ongoing community engagement and tailored program development for impactful outcomes.



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