



# **NHMRC Centre of Research Excellence (CRE) in Wiser Wound Care**

**2021 – 2025**  
**\$2.5 million**

# New Clinical Tools Developed (n=9)



- Pressure Injury Prevention Toolkit (DVD, poster and brochure in 8 languages)  
(Professor Wendy Chaboyer)
- Perioperative Perceived Competence Scale-Short Form (Professor Brigid Gillespie)
- Perioperative Perceived Competence Scale-Revised (in 8 languages)  
(Professor Brigid Gillespie)
- End-of-life Wound Assessment Tool (Dr Sharon Latimer)
- Surgical Wounds and Patient Participation Questionnaire (SWAPP-Q) (in English,  
Dutch & Swedish) (Georgia Tobiano)
- Translation and Testing of an ICU PI Risk Assessment Tool (in English, Spanish,  
Chinese & Turkish) (Dr Josie Lovegrove)
- I-DECIDED intravascular device assessment and decision tool  
(Professor Claire Rickard)
- IV Passport (Professor Amanda Ullman)
- miniMAGIC (Professor Amanda Ullman)



# Pressure Injury Prevention Toolkit (DVD, poster and brochure in 8 languages) (Professor Wendy Chaboyer)



[Tool access link](#)

## PREVENTING PRESSURE INJURIES

**KEEP MOVING**



**LOOK AFTER YOUR SKIN**

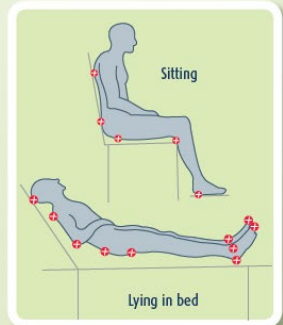


**EAT A HEALTHY DIET**



## PRESSURE INJURY LOCATIONS

Pressure injuries occur over bony areas – especially the heels, elbows, hips, buttocks and tailbone but can occur anywhere there is continuous pressure on the skin. The red crosses show places on your body at risk of a pressure injury.



**PREVENTING PRESSURE INJURIES**

Hospitalised patients are at risk of getting pressure injuries, which are often referred to as bedsores.

**REMEMBER**

1. Keep moving
2. Look after your skin
3. Eat a healthy diet

This brochure identifies three simple actions that may reduce your risk of developing a pressure injury:

1. Keep moving
2. Look after your skin
3. Eat a healthy diet

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# Perioperative Perceived Competence Scale-Revised (in 8 languages) (Professor Brigid Gillespie)

[Access link](#)



## Perceived Perioperative Competence Scale

Revised



# Perioperative Perceived Competence Scale-Short Form (Professor Brigid Gillespie)

[Access link](#)



## Perceived Perioperative Competence Scale


Short Form




# End-of-life Wound Assessment Tool (Dr Sharon Latimer)

[More information link](#) (to access the tool, please contact Dr Latimer via email to: [s.latimer@griffith.edu.au](mailto:s.latimer@griffith.edu.au))






Gold Coast Health  
Building a healthier community



Griffith UNIVERSITY  
Queensland, Australia



Queensland Government

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End-of-Life Wound Assessment Tool:  
A User's Guide

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END-OF-LIFE WOUND ASSESSMENT TOOL					
<b>Patient Identification:</b>					
<b>END-OF-LIFE WOUND DEFINITION:</b> a sudden unavoidable skin injury that rapidly develops in some dying individuals. These include Skin Changes at Life's End (SCALE), Kennedy terminal ulcer and Trombley-Brennan terminal tissue injury.					
<b>Instructions:</b> Use this assessment tool if you suspect the skin injury is an end-of-life wound and <i>NOT</i> a pressure injury.					
Section 1: SCREENING			Yes	No	
1. Patient has been assessed by healthcare professional/s as <i>dying or actively dying</i> ?					
<small>'Actively dying' or 'dying' is "the terminal phase of life, where death is imminent and likely to occur" in the following days, weeks, or months.</small>					
2. Patient has been receiving <i>regular pressure injury prevention strategies</i> (e.g. regular repositioning, support surfaces, nutrition, wheelchair cushions)?					
<small>'Regular repositioning' is defined as patient body position changes (e.g. 1-4 hourly) as determined by healthcare professional/s in collaboration with the patient/family.</small>					
3. Patient has <i>suddenly developed</i> skin discolouration / injury / blister in the previous 24 hours of this assessment?					
Proceed to Section 2 if you answer 'Yes' to ALL THREE screening questions					
Section 2: ASSESSMENT				Yes	No
Wound characteristics	Wound descriptors				
Location/s	Coccyx, sacrum or buttock (unilateral or bilateral), leg, heel, arm, shoulder, thoracic and lumbar spine or other body locations				
Appearance (any combination)	<ul style="list-style-type: none"> <li>• Bruise-like appearance (skin intact)</li> <li>• *Similar to Stage II-IV pressure injury (skin not intact)</li> </ul>				
Shape/s	Pear, horseshoe, butterfly shape, linear striations, or other shapes				
Colour (any combination)	Red, yellow or black. Deep darkening of the tissue (for dark skin tone individuals). Non-blanchable pink, purple or maroon. May have a white centre.				
Speed of change	Sudden and rapid development with increase in size of skin discolouration / injury / blister in the previous 24 hours of this assessment.				
Complete Section 3 if you answer 'Yes' to TWO OR MORE assessment questions					
Section 3: CONFIRMATION and MANAGEMENT					
In your assessment, is this an end-of-life wound? (circle one):				Yes	No*
End-of-life wound management plan developed? (circle one):				Yes*	No*
Consider:					
1. Wound: manage wound infection, pain, odour, exudate					
2. Patient and family involvement in care and education (wound management and end-of-life care)					
3. Quality of life and psychosocial support					
4. Clinical specialist referral					
5. Documentation as per facility requirements					
Completed by: Name: _____		Signature: _____			
Date: _____		Time: _____			
<small>* refer to European Pressure Ulcer Advisory Panel, National Pressure Injury Advisory Panel, and Pan Pacific Pressure Injury Alliance, <i>Prevention and treatment of pressure ulcers/injuries: Clinical practice guideline</i>, in <i>The International Guideline</i>, E. Hasler, Editor. 2019, EPUAP/NPIAP/PPPIA. p. 1-408.</small>					

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# Surgical Wounds and Patient Participation Questionnaire (SWAPP-Q) (in English, Dutch & Swedish) (Dr Georgia Tobiano)

[Access link](#)



# SURGICAL PATIENT SURVEY



# Translation and Testing of an ICU PI Risk Assessment Tool (Dr Josie Lovegrove)

[Access link](#)



The COMMON Index (RASS = Richmond Agitation Sedation Scale)

Please circle the most appropriate sections of the chart below:

Score	Level of consciousness	Mobility	Haemodynamic	Oxygenation	Nutrition
1	Awake and alert (RASS 0, +1) (Glasgow 15)	Independent, walking with help	No haemodynamic support	Spontaneous breathing and $FiO_2 < 0.4$	Full oral diet
2	Agitated, restless, confused (RASS > +1) (Glasgow 13 - 14)	Limited, bed-chair activity	Volume expanders	Spontaneous breathing and $FiO_2 \geq 0.4$	Enteral or parenteral feeding
3	Sedated but responsive (RASS -1 to -3) (Glasgow 9 - 12)	Very limited but tolerates position change	Dopamine or norepinephrine or adrenaline. Mechanical support	Non-invasive mechanical ventilation	Oral fluids. Incomplete oral feeding
4	Coma, sedated and unresponsive (RASS < -3) (Glasgow < 9)	Unable to change position; lying prone	Needing two of the above	Invasive mechanical ventilation	No feeding

LOW RISK: 5-9, MODERATE RISK: 10-13, HIGH RISK: 14-20

TOTAL PATIENT SCORE =  RISK LEVEL =

SUBSCALE DEFINITIONS	
<b>Level of consciousness</b> <b>1. Awake and alert: RASS 0 to +1</b> The patient is conscious and orientated to time and space, obeys commands and recognises and responds to any stimulus in their environment. Glasgow Coma Score 15. <b>2. Agitated/restless/confused: RASS &gt; +1</b> The patient is aware but is partially or intermittently disorientated to time and/or space and responds inadequately to stimuli. Glasgow Coma Score 13 to 14. <b>3. Sedated but responsive: RASS -1 to -3</b> The patient has a Glasgow Coma Score of 9 to 12 or is sedated with RASS -1 to -3. <b>4. Coma, sedated and unresponsive: RASS -4 to -5</b> The patient is comatose with Glasgow Coma Score < 9 or sedated with RASS -4 to -5.	<b>2. Volume expanders</b> The patient requires use of blood products, colloid or crystalloid to maintain haemodynamic status. <b>3. Dopamine or norepinephrine or adrenaline or cardiopulmonary mechanical support</b> The patient requires one or more of the above drugs by continuous infusion or cardiopulmonary mechanical assistance e.g. intra-aortic balloon pump, extra-corporeal membrane oxygenation, ventricular assist device, to maintain haemodynamic stability. <b>4. Needing two of the above</b> The patient requires two or more of the above supports to maintain haemodynamic stability.
<b>Mobility</b> <b>1. Independent/walking with help</b> The patient walks alone or needs a support system to maintain balance. <b>2. Limited/bed-armchair activity</b> The patient is in bed and can move on their own. The patient has alternating periods of bed rest with periods of rest in a chair. The patient can stand up with or without assistance. <b>3. Very limited but tolerates change in position</b> The patient is in bed and cannot move without assistance but can be moved without affecting haemodynamic or respiratory status. <b>4. Unable to change position or lying prone</b> The patient is in bed and must not be moved due to haemodynamic or respiratory instability or the patient is lying in the prone position.	<b>Oxygenation</b> <b>1. Spontaneous breathing and low <math>FiO_2</math> (&lt; .4)</b> The patient is breathing by themselves and requires no extra oxygen or less than 40%. <b>2. Spontaneous breathing and high <math>FiO_2</math> (<math>\geq .4</math>)</b> The patient is breathing by themselves and requires supplementary oxygen greater than 40%. <b>3. Non-invasive mechanical ventilation</b> The patient requires non-invasive mechanical ventilation. <b>4. Invasive mechanical ventilation</b> The patient requires invasive mechanical ventilation.
<b>Haemodynamic</b> <b>1. No haemodynamic support</b> The patient does not require vasopressor drugs or plasma expanders or mechanical haemodynamic support (e.g. intra-aortic balloon pump).	<b>Nutrition</b> <b>1. Full oral diet</b> The patient tolerates liquids and solids and is eating enough food to meet their needs. <b>2. Enteral nutrition / parenteral feeding</b> The patient is being fed with parenteral nutrition, enteral nutrition or both and may also be partially eating orally or not eating at all. <b>3. Oral fluids. Incomplete oral feeding</b> The patient has an inadequate or reduced diet that does not meet their needs and is not being enterally or parenterally fed. <b>4. No feeding</b> The patient is not being fed at all.

Version 2.1, 2021

Yoğun Bakıma Özgü Basınç Yaralanması Risk Değerlendirme (COMMON) Aracı (RASS = Richmond Ajitasyon Sedasyon Skalası)					
Lütfen aşağıdaki tabloda en uygun bölümleri daire içine alınız:					
Puan	Bilinç Düzeyi	Hareketlilik	Hemodinamik	Oksijenizasyon	Beslenme
1	Uyanık ve alert (RASS 0, +1) (Glasgow 15)	Bağımsız, yardımla yürür	Hemodinamik destek yok	Spontan solunum ve $FiO_2 < 0.4$	Tam oral beslenme
2	Ajite, huzursuz, konfüze (RASS > 1) (Glasgow 13 - 14)	Sınırlı, yatak-sandalye aktivitesi	Volüm genişleticiler	Spontan solunum ve $FiO_2 \geq 0.4$	Enteral veya parenteral beslenme
3	Sedatize ancak tepkili (RASS -1 ila -3) (Glasgow 9 - 12)	Çok sınırlı ancak pozisyon değişikliğini tolere eder	Dopamin veya norepinefrin veya adrenalin. Mekanik ventilasyon	Non-invaziv Mekanik ventilasyon	Oral sıvı alımı. Oral beslenmede yetersizlik
4	Koma, sedatize ve tepkisiz (RASS < -3) (Glasgow < 9)	Pozisyon değiştirmez; prone pozisyonda yatar	Yukarıdakilerden ikisine ihtiyaç duyar	İnvaziv mekanik ventilasyon	Beslenme yok

Düşük Risk: 5-9, Orta Risk: 10-13, Yüksek Risk: 14-20

TOPLAM HASTA PUANI:

RISK DÜZEYİ:

ALT ÖLÇEK TANIMLARI	
<b>BİLİNÇ DÜZEYİ</b> <b>1. Uyanık ve alert: RASS 0 ila +1</b> Hastanın bilinci açık, zaman ve yer oryantasyonu vardır, komutlara uyar ve çevresindeki herhangi bir uyarıyı tanımlar ve yanıt verir. Glasgow Koma Skoru 15. <b>2. Ajite/huzursuz/konfüze: RASS &gt; 1</b> Hasta farkındadır ancak kısmen ya da aralıklı olarak zaman ve/veya yere disoriantasyonedir ve uyarılara yetersiz yanıt verir. Glasgow Koma Skoru 13-14. <b>3. Sedatize ancak tepkili: RASS -1 ila -3</b> Hastanın Glasgow Koma Skoru 9-12'dir veya RASS -1 ila -3 ile sedatize edilmiştir. <b>3. Koma, sedatize ve tepkisiz: RASS -4 ila -5</b> Hasta Glasgow Koma Skoru <9 komada veya RASS -4 ila -5 ile sedatize.	<b>2. Volüm genişleticiler</b> Hastanın hemodinamik durumunu korumak için kan ürünleri, kolloid veya kristalloid kullanılması gerekir. <b>3. Dopamin veya norepinefrin veya adrenalin veya kardiyopulmoner mekanik destek</b> Hasta, hemodinamik dengeyi korumak için sürekli infüzyon veya kardiyopulmoner mekanik destek (örn. intra-aortik balon pompası, ekstra-korporel membran oksijenasyonu, ventriküler destek cihazı) yoluyla yukarıdaki ilaçlardan bir veya daha fazlasına ihtiyaç duyar. <b>4. Yukarıdakilerden ikisine ihtiyaç duyar</b> Hasta hemodinamik dengeyi korumak için yukarıdaki desteklerden iki veya daha fazlasına ihtiyaç duyar.
<b>HAREKETLİLİK</b> <b>1. Bağımsız/yardımla yürür</b> Hasta tek başına yürür veya dengesini korumak için bir destek sistemine ihtiyaç duyar. <b>2. Sınırlı/yatak-sandalye aktivitesi</b> Hasta yataktadır ve kendi başına hareket edebilir. Hasta, dönüşümlü olarak yatak ve sandalyede dinlenme sürelerine sahiptir. Hasta yardımlı veya yardımsız ayağa kalkabilir. <b>3. Çok sınırlı ancak pozisyon değişikliğini tolere eder</b> Hasta yataktadır ve yardım olmadan hareket edemez ancak hemodinamik veya solunum durumunu etkilemeden hareket ettirilebilir. <b>4. Pozisyon değiştirmez veya prone pozisyonda yatar</b> Hasta yataktadır ve hemodinamik veya solunumsal dengesizlik nedeniyle hareket ettirilmez veya hasta prone pozisyonda yatar.	<b>OKSİJENİZASYON</b> <b>1. Spontan solunum ve düşük <math>FiO_2</math> (&lt; .4)</b> Hasta kendi kendine nefes alır ve fazladan oksijene ihtiyaç duymaz veya %40'tan az ihtiyaç duyar. <b>2. Spontan solunum ve yüksek <math>FiO_2</math> (<math>\geq .4</math>)</b> Hasta kendi kendine nefes alır ve %40'tan daha fazla ek oksijene ihtiyaç duyar. <b>3. Non-invaziv mekanik ventilasyon</b> Hasta non-invaziv mekanik ventilasyona ihtiyaç duyar. <b>4. İnvaziv mekanik ventilasyon</b> Hasta invaziv mekanik ventilasyona ihtiyaç duyar.
<b>HEMODİNAMİK</b> <b>1. Hemodinamik destek yok</b> Hastanın vazopressör ilaçlara/plazma genişleticilere /mekanik hemodinamik desteğe (örn. intraaortik balon pompası) ihtiyacı yoktur.	<b>BESLENME</b> <b>1. Tam oral beslenme</b> Hasta katı ve sıvı gıdaları tolere eder ve ihtiyaçlarını karşılayacak kadar yemek yer. <b>2. Enteral besleme / parenteral beslenme</b> Hasta parenteral beslenme, enteral beslenme veya her ikisi ile beslenir ve ayrıca kısmen ağızdan alabilir veya hiç alamaz. <b>3. Oral sıvı alımı. Oral beslenmede yetersizlik</b> Hasta, ihtiyaçlarını karşılamayan yetersiz veya azaltılmış bir diyet sahiptir ve enteral veya parenteral olarak beslenmez. <b>4. Beslenme yok</b> Hasta hiç beslenmez.



# I-DECIDED Intravascular Device Assessment and Decision Tool (in numerous languages)(Professor Claire Rickard)

<https://www.avatargroup.org.au/i-decided.html>



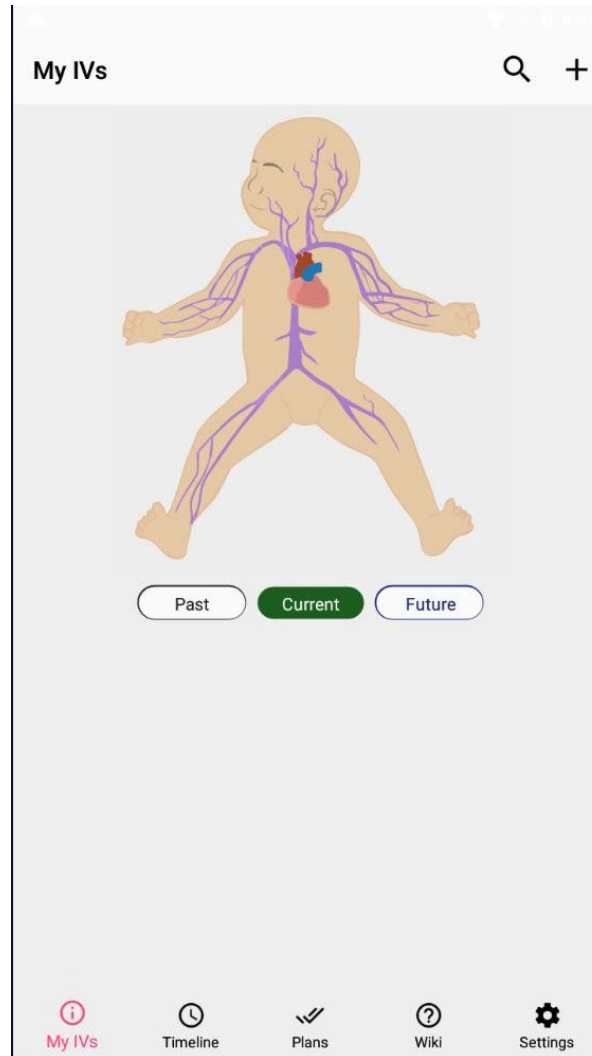
- I IDENTIFY if a device is present**
- D DOES the patient need the device?**  
If no longer in active use, consider device removal.
- E EFFECTIVE function?**  
Is the device functioning as intended?  
If not, troubleshoot as per policy or remove device.
- C COMPLICATION-FREE?**  
If complications are noted, troubleshoot or remove device.
- I INFECTION prevention**  
Hand hygiene before and after patient and device care.  
Careful handling and disinfection of device access points.
- D DRESSING & securement**  
Ensure dressings are clean, dry and intact.  
Secure devices to prevent tugging or patient injury.
- E EVALUATE & EDUCATE**  
Discuss device plan with patient & family. Educate as needed.
- D DOCUMENT your decision**  
Continue, troubleshoot, change dressing, or remove device.

*Always consider local policy,  
and consult with team & patient as required.*



# IV Passport (Professor Amanda Ullman)

<https://www.avatargroup.org.au/iv-passport.html>



## miniMAGIC (Professor Amanda Ullman)

<https://www.avatargroup.org.au/minimagic.html>

